

HELLO!



If you are a key worker, are self-isolating or just need a helping hand right now, I'd love to help you!

My name is: _____

I live at: _____

My phone number/email is: _____

I can help with:

Picking up groceries

Walking your dog

Posting mail

Urgent supplies

A friendly chat

Just drop me a message and I'll do my best to help!